



GUIDELINES FOR INTERNATIONAL TRAVEL WITH XMA

The purpose of a trip with XMA is to be an ambassador for Christ in all situations. It is important to remember that you will be travelling in different cultures.

- Trip Participants need to stay with the group with which they are assigned at all times. Trip Participants must advise the Team Leader if they will be going outside of the hotel, away from the mission site, or away from the group. This ensures the safety of all team members is upheld.
- Trip Participants need to keep their passports on their persons or readily available at all times. A neck wallet or money belt is best but a secure pocket is acceptable. This ensures that it is available for identification when needed and that you are able to leave the country in an immediate evacuation.
- Trip Participants will not offer money, gifts, or items to nationals or interpreters without consulting the Team Leader. This ensures transparency in the local ministry and that accountability of actions is present.
- Trip Participants will not consume alcohol or tobacco product where it would harm the mission ministry. This ensures ministry integrity in the countries these actions are considered culturally inappropriate.
- Trip Participants may be sent home if their behavior is considered destructive or inappropriate.

DRESS CODE FOR INTERNATIONAL TRAVEL WITH XMA

The purpose of trips with XMA is to be an ambassador for Christ in all situations. It is important to remember that you will be travelling in different cultures where modesty and appropriate clothing are required for accurate communication of your purpose and for your protection as well.

- For both male and female, knee length shorts and capris are acceptable only while hiking or engaged in athletic activities such as soccer. Long pants must be worn at all other times.
- For females, skirts and dresses are optional and must be below the calf in length, otherwise pants are acceptable.
- Men are expected to wear pants at all times, except when engaged in athletic activities.
- Light, long sleeve shirts are recommended for sun and bug protection but not required.
- Tank tops, low-cut shirts or blouses and spaghetti strap shirts are not considered appropriate or acceptable.
- Crude or offensive t-shirts or shirts with advertisements for alcohol or tobacco products are also prohibited.
- If at any time swimsuits are worn on your trip it should be a modest one piece suit.

We appreciate you following these guidelines and dress code. These have been established based on the cultural sensitivity of the areas we serve in as well as for your safety.

If you have any questions, please contact your XMA team leader for clarification.